

Season of Creation 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31	1 World Day of Prayer for the Care of Creation. Take time to pray for God's creation, and our neighbours around the world whose lives are affected by climate change.	2 Take a jar and collect a small piece of creation each day to put in it, e.g. a leaf, twig, pebble. As you do this thank God and ask for help to be good stewards of all God's gifts.	3 Think about how you travel each day during the season. Could any of your journeys be walked or cycled to reduce the use of our cars?	4 When doing your shopping consider buying Fairtrade products or those with less packaging .	5 Turn off the TV, computer, mobile, etc. and spend an hour going for a walk or other activity in God's natural world. Invite family to join you.
31 Think about how Covid -19 has affected our lifestyles, and work out ways in which we can try to live more sustainably within new parameters.	7 Consider how many bottles of water or soft drinks you buy. Could you replace these with tap water in a re-usable bottle?	2 Remember to say grace for your meals today and throughout the season, thanking God for creating the food and for the people who have helped produce it.	9 Choose a special song or hymn to help you praise God in creation today.	10 Download the Creation Prayer Walk from the parish website, ready to follow it through central Abingdon, alone or with family or a friend.	11 Collect together some toys or clothes that you don't use any more and take them to any charity shop now open	12 Find the vegetable beds planted by Edible Abingdon in the Abbey grounds and by Station House. Use some herbs from these sometime during the Season.
13 Pray for the people in the world who cannot afford to eat properly.	14 Do your savings or pension promote clean energy? Ask if they are being invested in risky fossil fuel projects, or helping to build a more sustainable world.	15 Have a meatless or vegan meal. Meat and cheese both have a large carbon footprint. Could you do this more often during the season?	16 Take a break from consuming and buy nothing today.	17 Plan how you can tell someone else about God's creation, and our responsibility to be good stewards.	18 Choose re-fills for your finished soap pumps and cleaning products. Cheaper and better for the planet.	19 Take time to look at the wildlife meadow between the church and the parish centre and give thanks for the bees and butterflies it has attracted.
20 Take stock of what you have done so far in the Season of Creation. How are you getting on? What more could you do to take better care of God's creation?	21 Consider switching electricity suppliers to a green source. You can find out at www.greenelectricity.org	22 Pray for the courage to challenge others who are abusing God's creation.	23 Work out how much cash you can save by not eating meat one day a week, and give the money to a charity.	24 Look at the website of CAFOD or another organisation working for social & environmental justice and join a campaign.	25 Refuse unnecessary plastic packaging at the supermarket check-out, or give a less-plastic store a try.	26 Collect some non-perishable food items together for the Abingdon Food Bank or the food bank boxes at the supermarket.
27 Make some cakes or biscuits using Fairtrade ingredients, praying as you do so for the food producers, and share them with the family.	28 Light a candle to pray for those who have been hurt in a natural disaster .	29 Take responsibility for your neighbourhood and pick up litter on your own or get neighbours to help.	30 Donate 50p for each item of clothing thrown away this year.	1 Share some of your experiences from the Season by putting a post on social media, or writing an item for the church blog.	2 Start reading Laudato Si if you haven't yet given it a try.	3 Henceforth...Continue to live as good stewards of the earth, taking care of people, animals and the environment that God has blessed us with.