



Fresco of the Holy Trinity and saints in glory, in the cupola of Chiesa di Santa Maria del Quartiere, by P.A. Bernabei, his brother Alessandro and G.M. Conti dela Camera

Today we celebrate the feast of the Most Holy Trinity. The great truth about God in the Old Testament was that God communicated with human beings.

God was active in their history through the Spirit that spoke the divine word through the Law and the Prophets. The great truth about God in the New Testament is that God took on human form in Jesus. You could say that the Old Testament period is the era of God the Father, when the Father made himself known; the period when Jesus walked on earth was the great revelation of God the Son; and the period after the ascension of the risen Lord, the time we live in now, is the era of God the Holy Spirit.

The Church's doctrine of the Trinity tells us that God is, first of all, a community of three persons who love one another, who communicate so intimately with one another that three become one.

A genuine community is one that is open to others. It is not locked in on itself. The place we most experience the truth of the Trinity is at the table of the Eucharist when bread and wine, the gift of the Father in creation, are transformed into the life-giving body and blood of the Son through the action of the Holy Spirit.

Just as it took the Church many years to find a way of speaking about the Triune God, it takes us a lifetime to find a way to speak about God from our own experience of love, joy, fragility and brokenness. ■

LEARN

"The Most Holy Trinity is not the product of human reasoning; it is the face with which God himself revealed himself, not from the height of a cathedra, but walking with humanity. It is precisely Jesus who revealed the Father and promised us the Holy Spirit. God walked with his people in the history of the people of Israel and Jesus has always walked with us and has promised us the Holy Spirit, who is fire, who teaches us all the things that we do not know, who guides us from within, he gives us good ideas and good inspirations."

Pope Francis

DO

Each time you make the Sign of the Cross, think about what you are doing and the words that you say.

SAY

"Glory be to the Father and to the Son and to the Holy Spirit. Amen."

REFLECT

In his farewell speech to the disciples in John's Gospel Jesus makes a promise. He tells his disciples that even though he is going to leave them soon, they won't be left abandoned. God will send the Holy Spirit to be with them, to guide them, "to lead you to the complete truth".

The satnav is a wonderful invention. We have become so dependent on it to guide our journeys to unfamiliar destinations that we often wonder how we coped in the era before it was invented. The Holy Spirit is like our personal satnav. In trying to negotiate our way through life's journeys, God has given us a spiritual navigator. That guide is the Holy Spirit. When we don't know what to do or which way to turn, the Holy Spirit is there to point us in the right direction.

But, as with a sat nav, we must first tune into the Holy Spirit. That means being aware of the Spirit's presence with us all the time. We are never alone or lost. We have an inbuilt Holy Spirit navigation system – a most precious tool. We just have to turn it on.

Second, we must ask the Holy Spirit to help us find our way. Whenever we don't know which way to turn, or the right direction to take, we pray to the Holy Spirit, asking the Holy Spirit to be our guide. The Holy Spirit always points us to Jesus who is "the Way, the Truth, and the Life".

That's the Spirit's job – to be our guide through life, to lead us eventually to that place where we will enjoy eternal life with the Holy Trinity for ever. ■

PRAY

The Trinity is about relationship. Pray for a deepening of your relationship with those you love.



ENTRANCE ANTIPHON

Blest be God the Father,
and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

COLLECT

God our Father, who by sending into the
world
the Word of truth and the Spirit of
sanctification
made known to the human race your
wondrous mystery,
grant us, we pray, that in professing the true
faith,
we may acknowledge the Trinity of eternal
glory
and adore your Unity, powerful in majesty.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
one God, for ever and ever.
Amen.

FIRST READING Exodus 34:4-6.8-9

A reading from the book of Exodus.
With the two tablets of stone in his hands,
Moses went up the mountain of Sinai in the
early morning as the Lord had commanded
him. And the Lord descended in the form of a
cloud, and Moses stood with him there.
He called on the name of the Lord. The
Lord passed before him and proclaimed,
"Lord, Lord, a God of tenderness and
compassion, slow to anger, rich in kindness
and faithfulness." And Moses bowed down
to the ground at once and worshipped. "If I
have indeed won your favour, Lord," he said
"let my Lord come with us, I beg. True, they
are a headstrong people, but forgive us our
faults and our sins, and adopt us as your
heritage."
The word of the Lord.
Thanks be to God.

PSALM Daniel 3:52-56

Response:
To you glory and praise for evermore.
1. You are blest, Lord God of our fathers. (R.)
Blest your glorious holy name. (R.)
2. You are blest in the temple of your glory.
(R.)
You are blest on the throne of your
kingdom. (R.)
3. You are blest who gaze into the depths.
(R.)
You are blest in the firmament of heaven.
(R.)

SECOND READING 2 Corinthians 13:11-13

A reading from the second letter of St Paul to
the Corinthians.
Brothers, we wish you happiness; try to grow
perfect; help one another. Be united; live in
peace, and the God of love and peace will be
with you.
Greet one another with the holy kiss. All the
saints send you greetings.
The grace of the Lord Jesus Christ, the love
of God and the fellowship of the Holy Spirit
be with you all.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Glory be to the Father, and to the Son, and to
the Holy Spirit,
the God who is, who was, and who is to
come. Alleluia!

GOSPEL John 3:16-18

A reading from the holy Gospel according to
John.
Jesus said to Nicodemus,
"God loved the world so much
that he gave his only Son,
so that everyone who believes in him may
not be lost
but may have eternal life.
For God sent his Son into the world
not to condemn the world,
but so that through him the world might be
saved.
No one who believes in him will be
condemned;
but whoever refuses to believe is condemned
already,
because he has refused to believe
in the name of God's only Son."
The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,

begotten, not made, consubstantial with
the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(all bow during the next three lines)
and by the Holy Spirit was incarnate of the
Virgin Mary,
and became man.
For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of the
dead
and the life of the world to come. Amen.

PRAYER OVER THE OFFERINGS

Sanctify by the invocation of your name,
we pray, O Lord our God,
this oblation of our service,
and by it make of us an eternal offering to you.
Through Christ our Lord.
Amen.

COMMUNION ANTIPHON

Since you are children of God,
God has sent into your hearts the Spirit of
his Son,
the Spirit who cries out: Abba, Father.

PRAYER AFTER COMMUNION

May receiving this Sacrament, O Lord our
God,
bring us health of body and soul,
as we confess your eternal holy Trinity and
undivided Unity.
Through Christ our Lord.
Amen.

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"To regard the Mass as an obligation, a
chore, and a boring one at that, to be done on
a Sunday, is a hideous travesty of the truth.
Mass may indeed be boring, and the dear
priest's sermon an affliction to be patiently
endured (or, of course, an intellectual treat
to be discussed throughout the week), but
we do not go to Mass for entertainment... To
be taken to the self-offering of Jesus to the
Father is what being a Catholic is about, it is
what the Mass is about."

Sister Wendy Beckett

Our Lady & St Edmund of Abingdon
1 Radley Rd, Abingdon on Thames, Oxon, OX14 3PL

We are a **LiveSimply** parish aiming to live Simply, Sustainably and in Solidarity with the Poor

Parish Priest: Fr. Jamie McGrath Tel: 01235 520375
Parish Secretary: Lisa Paterson Tel: 01235 520375
Office Hours: 9am-12pm Monday to Friday
Office Email: abingdon@portsmouthdiocese.org.uk
We live stream most services (the 10.15am Mass on the first Sunday of every month is not live streamed).
Safeguarding Team: Tel. 07572 935 230
Visits at JR Hospital: Fr Pius 01865 221732
Visits and Help: Society of Vincent de Paul Group, contact via Parish Office
Parish Website: www.ourladyandstedmund.org.uk
Primary School: St. Edmund's School, Radley Road, Abingdon, OX14 3PP Tel 521558



Roman Catholic Diocese of Portsmouth Reg. Charity No 246871

www.portsmouthdiocese.org.uk

PARISH OFFICE: The Parish Office is closed until further notice. More information as we get it.

GIVING: We now have a facility on our website to make donations to the parish. The purpose of this donation facility is to enable any sum received to be used for and by our parish for its upkeep and benefit of parishioners. This will enable those who normally use the weekly gift aid white envelope system or loose plate donations to continue to support the Parish. The facility will enable one off or continual donations (with or without gift aid) to be made securely to our parish bank account. Your continued support for the Parish is greatly appreciated. The donation button can be accessed on our website home page.

RCIA: The RCIA in Abingdon is there to help those adults who are thinking of becoming a Catholic or who are baptised Catholics but who have missed Holy Communion or Confirmation. There is an online meeting on **Monday 21st June at 7pm**, when you can have an informal discussion and find out more about how we welcome people into the Catholic Church. Please contact pehanley@hotmail.com for further details and the meeting link.

FOODBANKS: The Foodbank at Northcourt Road is open on Tuesday and Friday Mornings. Donations can be brought there between 9.30 and 1.00 pm, and parcels can be collected between 11.00 and 1.00 pm. On Wednesday the South Abingdon Foodbank is open between 1.00 and 2.30 at Preston Road Community Centre.

You can either drop donations off (for either Foodbank) at Northcourt Road **or** contact us to pick them up from your doorstep by emailing: contact@ourladyandstedmund.org.uk

ABINGDON COMMUNITY FRIDGE: The Health & Wellbeing Centre, Audlett Drive, is open each weekday 10.30 - 11.30 am. It distributes surplus food from supermarkets.

10th week of Ordinary Time

All these Masses are live streamed only

Sunday 7 June (The Most Holy Trinity)

10.15am Mass (Bernard Laurence Brady, RIP)

Monday 8 June

9am Mass (Gloria Sayce, Intentions)

Tuesday 9 June

NO Mass See: www.ourladyandstedmund.org.uk/thames-isis-pastoral-area for other masses

Wednesday 10 June

7pm Mass (Annie Furlong, Intentions)

Thursday 11 June (St Barnabas, Apostle)

9.30am Mass (Patricia Morris, RIP)

Friday 12 June

7pm Mass (Duncan Logan, Special Intention)

Saturday 13 June (St Anthony of Padua)

9am Mass (Christina Fitzsimons, RIP)

CHRISTIAN FOCUS NEWSLETTER: The summer edition can now be downloaded from the 'News' page on our website.

REOPENING OF OUR CHURCHES - A PRAYER:

Lord Jesus, we continue to humbly pray that You help us in these times of pandemic illness and uncertainty. Lord, whilst we earnestly pray for an end to the pandemic, we also pray for our country and Church leaders as they consider the best time and way to safely and practically reopen our churches for worship. Help us continue to be **patient**, Lord, knowing that we can get to know You better if we use the time we have now wisely. Amen.

THE PRAYER AND LISTENING SERVICE:

Sometimes it is difficult to pray when we are exhausted or in stressful situations or by ourselves. The diocese is offering a service where people fill in a short form on the diocese website requesting a phone call, of 10-15 minutes usually. Additionally, we are asking key workers if they would like to give us their name and work place and we will pray for them by name each day. Please go to the home page of the diocese website and under "Coronavirus" you can click on a box called "Prayer Support".

SPIRITUAL COMMUNION PRAYER DURING MASS:

My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

BIBLE ALIVE: The **June** edition of this useful booklet that can help you to focus on the daily Mass readings, is now available. Obviously, you are unable to collect a copy from the church for now, but if you would like a copy put through your letterbox - or know somebody who would - please email your name and address to: contact@ourladyandstedmund.org.uk - or if you have no access to email, leave a message on the parish office phone.

WORKING AND PRAYING TOGETHER:

- **Praying the Rosary** together will **continue every day during the month of June, at 8pm**. For information on how you can join in, whenever you can and would like to, please email: contact@ourladyandstedmund.org.uk
- **Mothers' Prayers** continues through video conferencing or social networking. Email clare@claresimpson.com if you would like to join in. For **Mothers' Prayers in Spanish** on Mondays at 11.30am, please email mamakolb@gmail.com
- There is a page on our website for this year of **"The God Who Speaks"**. From there you are able to access ten **Sycamore** videos made by Fr Stephen Wang. **Sycamore** is an informal course about the Christian faith and its relevance for life today. It gives you space to explore your beliefs, and think about questions that really matter. The page can be found in the 'What's On' section.
- The friendly **Cake and Conversation** group for those whose first language is not English has been continuing to meet via Zoom each Wednesday while the Parish Centre is closed. If you would like further information about the group please phone Anne on 525997, Angela on 532296 or email abingdoncakeandconversation@gmail.com

LENTEN PROJECTS: The PPC have made the decision to postpone all Lenten projects fundraising until next year, when we will support the same projects that were named for this year.

Parish Events for the Week

NO EVENTS IN THE PARISH CENTRE UNTIL FURTHER NOTICE.

Future Diary Dates

No events at the moment.

Youth Events

YOUTH GROUPS

The Saturday youth groups will stop meeting for now. We will let you know when they resume through our parish newsletter.

*Reminders of future events are always included in the parish weekly newsletter and the full programme can be viewed in the youth section on our parish website at: www.ourladyandstedmund.org.uk/events
More info: bhabayeb@portsmouthdiocese.org.uk*

LENTEN FUNDRAISING DATES FOR YOUR DIARIES

- All events are postponed.

WE PRAY FOR:

The repose of the souls of:

- Sean McCaffrey
- Kathleen Boyle
- Ron Moss
- Rosemary Payne
- James Ryce
- Richard Claridge



We also pray for the families of the recently deceased

PRAYER FOR THE RENEWAL OF OUR DIOCESE:

O Sacred Heart of Jesus, we beg you to change us, to convert us and to make us holy. Fill us with a deeper faith, hope and love for you. Send into our hearts the cleansing fire of the Holy Spirit and powerfully renew all the clergy, religious and laity of our Diocese. Unite us in love and respect for one another and unify us as your one, holy people. Grant us a new passion and zeal for our Catholic Faith, for mission, outreach and service. Help us to proclaim your Gospel generously to the poor and needy that many more souls may be saved by finding their way to you in your Church.

May Mary Immaculate help us. May St Edmund of Abingdon and Blessed Pier Giorgio Frassati pray for us. Amen.

Holy Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do though, O Prince of the heavenly host, by the power of God, thrust down to hell Satan and all the evil spirits who wander through the world for the ruin of souls. Amen